

# Introduction to DIR<sup>®</sup> Floortime<sup>™</sup>

## A Gleam in the Eye

**10<sup>th</sup>-11<sup>th</sup> November 2017**

**9am—5pm (registration from 8.30am)**

**Lunch & tea-break included**

### **Venue:**

Connect & Communicate LLP  
Training Room  
2985 Jalan Bukit Merah  
#02-2A SMF Building  
Singapore 159457

### **Fees:**

Early bird—\$450 (till 27 Oct)  
After 27 Oct—\$500  
C&C clients—\$400

**Tel:** 62547422

**Email:** [info@c-c.sg](mailto:info@c-c.sg)

### Speaker Profile

#### **Chithra Kathiresan**

Speech-Language Therapist  
Clinical Director, Connect & Communicate LLP

In 2003 Chithra was introduced to DIR<sup>®</sup> Floortime<sup>™</sup> and has pursued it since. She sought intensive mentoring in the model from senior faculty. She has presented to faculty at DIR<sup>®</sup> Institutes in the US, as part of her certification process. In 2012 she was accepted as a DIR<sup>®</sup> Floortime<sup>™</sup> Expert with ICDL and is now a DIR<sup>®</sup> Trainer with Profectum. Chithra has co-presented with Profectum Faculty in the online training programs, tutored professionals undergoing certification and co-presented a DIR<sup>®</sup> workshop in Australia with DIR<sup>®</sup> Faculty. She also mentors selected teams and individuals from other organizations, locally and abroad. Chithra firmly believes our intervention will only be as effective as our understanding of the child and his family. DIR<sup>®</sup> has helped inform, define and integrate all other approaches within her practice.

### **Promoting relating and thinking in the child**



How does a child develop the miraculous ability to love, think, communicate, and create, as well as to have self-control and feel compassion for others? Many child-development theories focus on only one part of this puzzle. This social-pragmatic approach develops a child's spontaneous interactions, empathic relationships, thinking, creative play and problem solving. These are foundations for all social interactions and mastery of academic skills.

This two day workshop is an introduction to DIR<sup>®</sup> Floortime<sup>™</sup> – theory and practice. It will be presented by a speech-language therapist DIR trainer. Hence participants will appreciate the interplay between a child's sensory systems and how it impacts his interaction and communication. Parents and professionals will understand the development of shared meaning and true comprehension. This then organizes behavior and supports self-regulation. We will explore these capacities in both typical and atypical development, and how to facilitate growth of functional emotional capacities.

### Learning Objectives

- Understand and observe the six functional emotional developmental levels (FEDL) essential for all learning
- Understand the individual differences that contribute to the child's unique sensory-motor profile
- Develop meaningful two-way communication - Understand intentions
- Learn principles and strategies in DIR<sup>®</sup> Floortime<sup>™</sup>
- Engage parents as partners
- Explore how DIR<sup>®</sup> Floortime<sup>™</sup> can be integrated with other treatment approaches

### Who should attend

The workshop is relevant to professionals and parents. Therapists (occupational therapists, physiotherapists, speech-language therapists, music therapists, play therapists, educational therapists), autism specialists, psychologists, developmental paediatricians, early educators, teacher aides, parents and caregivers.

Registration and detailed information at  
[connectandcommunicate.com.sg](http://connectandcommunicate.com.sg)



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*Relating and Thinking across a lifetime*